

CURRICULUM

Prof. Giuseppe Merra,
MD, PhD, MS, FEFIM,
FRSM

CURRICULUM VITAE ET STUDIORUM

Prof. Giuseppe Merra, MD, PhD, MS,

FEFIM, FRSM

DOB: December 26th 1978

Birth Place: Cerignola (FG)

Home address:



Work address: Section of Clinic Nutrition and Nutrigenomic
Department of Biomedicine and Prevention
Faculty of Medicine and Surgery
University of Rome Tor Vergata
Via Montpellier, 1 - 00133 Rome (Italy)
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Education and professional training:

- 2000-2004:** **Student**, Medical Pathology Institute, Catholic University of Sacred Heart, “Agostino Gemelli” General Hospital, Rome (Prof. P. Pola)
- 18/03/2004:** **Medical degree** (Catholic University of Sacred Heart, Rome, Italy)
- 2004:** **Scholarship**, “The best work in hepatopathology”, Catholic University of Sacred Heart, Rome, Italy
- 2004:** **Clinical fellow** Medical Pathology Institute, Catholic University of Sacred Heart, “Agostino Gemelli” General Hospital, Rome (Prof. P. Pola)
- 15/07/2004:** **National Board**, Catholic University of Sacred Heart, Rome, Italy
- 2004-2005:** **Clinical fellow** Medical Pathology Institute, Catholic University of Sacred Heart, “Agostino Gemelli” General Hospital, Rome (Prof. P. Pola)
- Clinical fellow** Emergency Department, Catholic University of Sacred Heart, “Agostino Gemelli” General Hospital, Rome (Prof. N. Gentiloni Silveri)
- 2005-2009:** **Clinical and research fellow** School of Internal Medicine, Catholic University of Sacred Heart, Rome, Italy (Prof. G. Gasbarrini)
- 29/10/2009:** **Fellowship, Internal Medicine**, Catholic University of Sacred Heart, Rome, Italy
- 5/3/2013:** **PhD, Oncobiology and Medical Oncology**, Catholic University of Sacred Heart, Rome, Italy
- 9/12/2013:** **2nd level Master degree in Dietetics and Nutrition**, Catholic University of Sacred Heart, Rome, Italy
- 2010-2019:** **Adjunct Professor**, Internal Medicine, Catholic University of Sacred Heart, Rome, Italy
Staff Physician, Emergency Department, Catholic University of Sacred Heart, “Agostino Gemelli” General Hospital, Rome, Italy
- 2019-2022:** **Assistant Professor** of Applied Dietetic Techniques Sciences (MED/49) following the public selective procedure for the recruitment of no. 1 researcher with a fixed-term contract pursuant to art. 24, paragraph 3, letter b) of Law no. 240 of December 30, 2010 and ss.mm.ii. at the Department of Biomedicine and Prevention of the University of Rome Tor Vergata for the concurrent sector 06/D2 - Endocrinology, Nephrology and Food and

	Wellness Sciences and disciplinary scientific sector MED/49- Applied Dietetic Sciences and Techniques (Ref. 1484) from 15/11/2019
2019-Present:	Member of the Board of Lecturers of the School of Specialization in Food Science of the Faculty of Medicine and Surgery of the University of Rome Tor Vergata
2019-Present:	Member of the Board of Teachers of the Master's Degree Level II in "Diagnosis and Treatment of Eating and Weight Disorders" (Coordinator: Prof. Laura Di Renzo)
2021-Present:	Achievement of National Scientific Habilitation (announced by Director's Decree no. 2175/2018) to the functions of university professor of second rank in the Competitive Sector 06/D2 - ENDOCRINOLOGY, NEPHROLOGY AND SCIENCES OF FOOD PROCESSING AND WELL-BEING, effective: from 11/11/20, and until 11/11/29
2021-Present:	Appointment as " Medical Officer " of ACISMOM (Italian Association of Knights of the Sovereign Military Order of Malta) by the President of the Republic, upon proposal of the Minister of Defense, by Decree No. 0044323 of May 24, 2021
2021-Present:	Appointment as Coordinator of the C.I. of "Psychopathology of Eating Behavior" (5 CFU) of the CdL in Dietetics at the Faculty of Medicine of the University of Rome Tor Vergata, from a.y. 2021/2022
2021-Present:	Holder of the teaching "Eating Behavior Disorders" in the 3rd year of the CdL in Dietetics at the Faculty of Medicine of the University of Rome Tor Vergata, since a.y. 2021/2022
2022-Present	Associate Professor of Applied Dietetic Techniques Sciences (MED/49) following the evaluation procedure pursuant to art. 24, paragraph 5 of Law no. 240 of 2010 for the call of a university professor of second rank at the Department of Biomedicine and Prevention, for the concurrency sector 06/D2 - Endocrinology, Nephrology and Food and Wellness Sciences and disciplinary scientific sector MED/49 - Applied Dietetic Techniques Sciences from 15/11/2022
2022-Present	Director of the University Master's Program in "Psychoneuronedocrinoimmunology in Prevention and Nutrition," University of Rome Tor Vergata
2022-Present	Deputy Director of the Master's Degree Course in "Physical Activity and Health Promotion," University of Rome Tor Vergata

Areas of research interest

- Ischemia – reperfusion injury
- H. pylori infection: gastric, extragastric diseases, diagnosis and therapy
- Animal models of H. pylori infection
- Animal models of gastric and colorectal carcinogenesis
- Genetic pathways of gastric and colorectal carcinogenesis
- Role of probiotics in preventing antibiotic-related side effects
- Role of probiotics in colorectal carcinogenesis.
- Metabolic X syndrome and colorectal cancer

Organization and participation:

- Membro R.C.E.M. (Royal College of Emergency Medicine)
- Membro B.S.G. (British Society of Gastroenterology)
- Membro S.I.N.U. (Società Italiana Nutrizione Umana)
- Membro E.S.P.E.N. (European Society for Clinical Nutrition and Metabolism)
- Membro S.I.M.I. (Società Italiana Medicina Interna)
- Membro S.I.G.E. (Società Italiana Gastro-Enterologia)

- Past Member A.A.E.M. (American Academy of Emergency Medicine)
 - Past Member A.C.E.P. (American College of Emergency Physicians)
 - Past Member A.A.U.C.M. (American Academy for Urgent Care Medicine)
 - Past Member S.I.M.E.U. (Società Italiana Medicina di Emergenza-Urgenza)
 - Past Member A.I.S.F. (Associazione Italiana Studio Fegato)
 - Past Member A.A.S.L.D. (American Association for the Study of Liver Disease)
 - Past Member A.C.G. (American College of Gastroenterology)
 - Past Member E.A.S.L. (European Association for the Study of Liver)
 - Past Member A.c.E.M.C. (Academy of Emergency Medicine and Care)
-

National and International meetings:

100

Papers

84

1. Nista EC, Fini L, Armuzzi A, Candelli M, Zocco MA, Cazzato IA, **Merra G**, Finizio R, Miele L, Grieco A, Gasbarrini G, Gasbarrini A.

13C-breath tests in the study of microsomal liver function

Eur Rev Med Pharmacol Sci. 2004 Jan-Feb;8(1):33-46. Review.

■ Citato da: Xiu-Li Guo, Lei Zhang, Zhao-Xu Yang in “Correlation between 13C-methacetate breath test and pathological changes of non-alcoholic fatty liver”, World Chin J Digestol 2004 October; 12(10):2356-2359

2. Gabrielli M, Candelli M, Franceschi F, Cremonini F, Nista EC, Santarelli L, Villita A, **Merra G**, Girelli G, Gasbarrini G, Pola P, Gasbarrini A.

Primary autoimmune haemolytic anaemia and coeliac disease

Scand J Gastroenterol. 2004 Jun;39(6):605-6.

3. Antonio Gasbarrini, **Giuseppe Merra**, Veronica Ojetto, Antonio Dal Lago, Paolo Pola, Giovanni Gasbarrini

Le sindromi da malassorbimento

Ann Ital Med Int 2005; 20 (Suppl 3): 66S-72S

4. Di Campli C, Santoro MC, Gaspari R, **Merra G**, Zileri Dal Verme L, Zocco MA, Piscaglia AC, Di Gioacchino G, Novi M, Santoliquido A, Flore R, Tondi P, Proietti R, Gasbarrini G, Pola P, Gasbarrini A.

Catholic university experience with molecular adsorbent recycling system in patients with severe liver failure

Transplant Proc. 2005 Jul-Aug;37(6):2547-50.

5. MA Zocco, M Novi, E Di Stasio, L Riccardi, A Forgione, R De Cristofaro, ME Ainora, E Rinninella, **G Merra**, MC Santoro, S Lancellotti, A Grieco, G Landolfi, G Gasbarrini, GL Rapaccini, A Gasbarrini

“Thrombotic risk factors in patient with liver cirrhosis: correlation with disease staging and portal vein thrombosis development”

Digestive and Liver Disease, Volume 38, No. 3 (2006), Page A61

6. MA Zocco, M Novi, G Di Gioacchino, F Giulante, C Di Campi, N Saulnier, MA Puglisi, ME Ainora, E Rinninella, C Rumi, L Zileri Dal Verme, M Santoro, **G Merra**, G Nuzzo, G Gasbarrini, A Gasbarrini

Effect Of Different Types Of Liver Resection In Hematopoietic Stem Cells Mobilization

Hepatology, vol. 44, No. 4, Suppl. 1, 2006

7. M.A. Zocco, M. Novi, E. Di Stasio, L. Riccardi, A. Forgione, R. De Cristofaro, M.E. Ainora, E. Rinninella, **G. Merra**, M.C. Santoro, S. Lancellotti, A. Grieco, G. Landolfi, G. Gasbarrini, G.L. Rapaccini and A. Gasbarrini

“Reduced portal flow-rate as predictive factor of portal vein thrombosis development in patients with liver”

Digestive and Liver Disease, Volume 39, Issue 3, March 2007, Page A26

8. Zileri Dal Verme L, Ilyas J, **Merra G**, Santoro M, Zocco MA, Novi M, Ainora ME, Gasbarrini A, & Hassanein T.

HCV treatment in patients with end stage liver disease awaiting liver transplantation

Journal of Hepatology, supplement no. 2, Vol. 44. 2006

9. Zileri Dal Verme L, Ilyas J, **Merra G**, Santoro M, Zocco MA, Novi M, Ainora ME, Gasbarrini A, & Hassanein T.

HCV treatment in patients with end stage liver disease awaiting liver transplantation

Digestive and Liver Disease - April 2006 (Vol. 38, Pages S101-S102)

10. Zocco MA, Novi M, Di Stasio E, Ainora ME, Riccardi L, De Cristofaro R, Rinninella E, Lancellotti S, Santoro M, Ponziani F, **Merra G**, Dal Lago A, Serricchio M, Grieco A, Landolfi G, Pompili M, Gasbarrini G, Rapaccini GL, Gasbarrini A

Local and systemic thrombogenic factors as predictors of portal vein thrombosis development in patients with liver cirrhosis

Int. Emerg. Med. 2007 Oct, Vol. 2: S93

11. Gasbarrini, **G. Merra**, A. Dal Lago

“La Colelitiasi”

Confartigianato Persone: pubblicazione online www.anap.it, 2007

12. Scarpellini E, Gabrielli M, Lauritano CE, Lupascu A, **Merra G**, Cammarota G, Cazzato IA, Gasbarrini G, Gasbarrini A.

High dosage rifaximin for the treatment of small intestinal bacterial overgrowth

Aliment Pharmacol Ther. 2007 Apr 1;25(7):781-6.

13. Scarpellini E, **Merra G**, Dal Lago A, Zileri Dal Verme L, Spitilli MG, Lauritano C, Petruzzellis C, Finizio R, Santoro M, Garcovich M, Lupascu A, Gasbarrini G, Ghirlanda G, Valenza V, Gasbarrini A

51Cr-EDTA Permeability Test In Ascitic Cirrhotic Patients With And Without History Of Spontaneous Bacterial Peritonitis

Journal of Hepatology - 2008 (Vol. 48, Page S105, DOI: 10.1016/S0168-8278(08)60263-9)

14. Zileri Dal Verme L, Gaspari R, Avolio AW, **Merra G**, Santoro M, Castagneto M, Proietti R, Gasbarrini A

Molecular adsorbent recirculating system in patients with primary non-function and other causes of graft dysfunction after liver transplantation

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15. Zileri Dal Verme L, Gaspari R, Avolio AW, **Merra G**, Santoro M, Castagneto M, Proietti R, Gasbarrini A

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causes of graft dysfunction after liver transplantation

Int. Emerg. Med. (2008) 3: S113 (149)

16. Scarpellini E, **Merra G**, Dal Lago A, Zileri Dal Verme L, Spitilli MG, Lauritano C, Petruzzellis C, Finizio R, Santoro M, Garcovich M, Lupascu A, Gasbarrini G, Ghirlanda G, Valenza V, Gasbarrini A

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Int. Emerg. Med. (2008) 3: S13

17. **Merra G**, Dal Lago A, Scarpellini E, Finizio R, Santoro M, Spitilli MG, Lauritano EC, Gabrielli M, Valenza V, Gasbarrini G, Ghirlanda G, Gasbarrini A

Small Intestinal Bacterial Overgrowth Of Colonic-Type Carbohydrates Fermentative Bacteria In Cirrhotic Patients

Int. Emerg. Med. (2008) 3: S98 (114)

18. Santoro MC, Ferraro PM, Leka I, Novi ML, Tortora A, **Merra G**, Zileri Dal Verme L, Dal Lago A, Siciliano M, Gaspari R, Passalacqua S, Gasbarrini A

Effects Of Albumin Dialysis (Mars) And Therapeutic Apheresis On Bilirubin Reduction And Kidney Function In Patients With Acute Or Chronic Liver Failure. A Retrospective Comparison

Int. Emerg. Med. (2008), 3: S104 (129)

19. Scarpellini E, Ferraro D, Lauritano EC, **Merra G**, Sparano L, Campanale C, Gasbarrini G, Ghirlanda G, Di Trapani G, Valenza V, Gasbarrini A

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20. E. Scarpellini, M. Gabrielli, Santoliquido A, T. Za, E. Lauritano, A. Lupascu, E. Rossi, V. Ojetti, G. Cammarota, **G. Merra**, G. Gasbarrini, V. De Stefano, A. Gasbarrini

Small Intestinal Bacterial Overgrowth And Oral Anticoagulant Therapy

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21. Scarpellini E, **Merra G**, Dal Lago A, Zileri Dal Verme L, Spitilli MG, Lauritano C, Petruzzellis C, Finizio R, Santoro M, Garcovich M, Lupascu A, Gasbarrini G, Ghirlanda G, Valenza V, Gasbarrini A

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22. **Merra G**, Dal Lago A, Scarpellini E, Finizio R, Santoro M, Spitilli MG, Lauritano EC, Gabrielli M, Valenza V, Gasbarrini G, Ghirlanda G, Gasbarrini A

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23. Scarpellini E, **Merra G**, Dal Lago A, Zileri Dal Verme L, Spitilli MG, Lauritano C, Petruzzellis C, Finizio R, Santoro M, Garcovich M, Lupascu A, Gasbarrini G, Ghirlanda G, Valenza V, Gasbarrini A

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25. **Merra G**, Scarpellini E, Dal Lago A, Zileri Dal Verme L, Spitali MG, Lauritano C, Petruzzellis C, Finizio R, Santoro M, Garcovich M, Lupascu A, Gasbarrini G, Ghirlanda G, Valenza V, Gasbarrini A
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26. **Merra G**, Dal Lago A, Scarpellini E, Finizio R, Santoro M, Spitali MG, Lauritano EC, Gabrielli M, Valenza V, Gasbarrini G, Ghirlanda G, Gasbarrini A

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Gastroenterology - April 2008, Vol. 134, Issue 4, Pages A-793

27. Scarpellini E, **Merra G**, Dal Lago A, Zileri Dal Verme L, Spitali MG, Lauritano C, Petruzzellis C, Finizio R, Santoro M, Garcovich M, Lupascu A, Gasbarrini G, Ghirlanda G, Valenza V, Gasbarrini A
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Hepatology International (2008) 2: S66

28. Zileri Dal Verme L, Gaspari R, Avolio AW, **Merra G**, Santoro M, Castagneto M, Proietti R, Gasbarrini A

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29. **Merra G**, Dal Lago A, Scarpellini E, Finizio R, Santoro M, Spitali MG, Lauritano EC, Gabrielli M, Valenza V, Gasbarrini G, Ghirlanda G, Gasbarrini A

Small Intestinal Bacterial Overgrowth Of Colonic-Type Carbohydrates Fermentative Bacteria In Cirrhotic Patients

Hepatology International (2008) 2: S139

30. Zileri Dal Verme L, Gaspari R, Avolio AW, **Merra G**, Santoro M, Castagneto M, Proietti R, Gasbarrini A

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31. Scarpellini E, Ferraro D, Lauritano EC, **Merra G**, Sparano L, Campanale C, Gasbarrini G, Ghirlanda G, Di Trapani G, Valenza V, Gasbarrini A

Intestinal Permeability In Migraineurs

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32. Zileri Dal Verme L, Gaspari R, Avolio AW, **Merra G**, Santoro M, Castagneto M, Proietti R, Gasbarrini A

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Digestive and Liver Disease - March 2008, Vol. 40, Page S188

33. Zileri Dal Verme L, Gaspari R, Avolio AW, **Merra G**, Santoro M, Castagneto M, Proietti R, Gasbarrini A

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Liver International, vol. 28, number 5, may 2008

34. **Merra G**, Dal Lago A, Scarpellini E, Finizio R, Santoro M, Spitali MG, Lauritano EC, Gabrielli M,

Valenza V, Gasbarrini G, Ghirlanda G, Gasbarrini A

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Clujul Medical, vol. LXXXI, 2008, Suppl. 2, p. 37

35. Giovanni Gasbarrini, Noemi Malandrino, Valentina Giorgio, Carlo Fundaro, Giovanni Cammarota, **Giuseppe Merra**, Davide Roccarina, Antonio Gasbarrini, Esmeralda Capristo **Celiac Disease: What's New about It?**

Dig Dis 2008;26:121-127 (DOI: 10.1159/000116769)

36. **Giuseppe Merra**, Antonio Dal Lago, Davide Roccarina, Giovanni Gasbarrini, Antonio Gasbarrini, Giovanni Ghirlanda

Celiac Disease and Myointimal Proliferation: A Possible Correlation?

Case Rep Gastroenterol 2008;2:398-404 (DOI: 10.1159/000163522)

37. **Giuseppe Merra**, Antonio Dal Lago, Roberta Ricci, Daniela Antuzzi, Giovanni Gasbarrini, Antonio Gasbarrini, Giovanni Ghirlanda

Splenomegaly as a Primary Manifestation of Gaucher Disease in a Young Adult Woman

Case Rep Gastroenterol 2008;2:474-478 (DOI: 10.1159/000178329)

38. Santoro MC, Ferraro PM, Leka I, Novi ML, Tortora A, **Merri G**, Zileri Dal Verme L, Dal Lago A, Siciliano M, Gaspari R, Passalacqua S, Gasbarrini A

Effects Of Albumin Dialysis (Mars) And Therapeutic Apheresis On Bilirubin Reduction And Kidney Function In Patients With Acute Or Chronic Liver Failure. A Retrospective Comparison

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39. Scarpellini E, **Merri G**, Dal Lago A, Zileri Dal Verme L, Spitilli MG, Lauritano C, Petruzzellis C, Finizio R, Santoro M, Garcovich M, Lupascu A, Gasbarrini G, Ghirlanda G, Valenza V, Gasbarrini A ***51Cr-EDTA Permeability Test In Ascitic Cirrhotic Patients With And Without History Of Spontaneous Bacterial Peritonitis***

Digestive and Liver Disease, Volume 41, Issue 3, March 2009, Page A3 (DOI: 10.1016/j.dld.2008.12.011)

40. Franceschi F, Navarese EP, Mollo R, Giupponi B, De Marco G, **Merri G**, Gasbarrini G, Silveri NG

Helicobacter pylori and atherosclerosis. A review of the literature

Recenti Prog Med. 2009 Feb;100(2):91-6. Italian. PubMed PMID:19350802

41. Scarpellini E, Valenza V, Gabrielli M, Lauritano EC, Perotti G, **Merri G**, Dal Lago A, Ojetti V, Ainora ME, Santoro M, Ghirlanda G, Gasbarrini A

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42. Gasbarrini G, Malandrino N, Miele L, **Merri G**, addolorato G, Lauritano EC, Montalto M, Grieco A, Landolfi R, Cammarota G, Gasbarrini A

La clinica che cambia: il caso della Malattia Celiaca

Intern Emerg Med (2009) 4:S168-S181

43. **Merri G**, Dal Lago , Natale L, Gaetani E, Caricato A, Pola P, Gasbarrini G, Gasbarrini A, Ghirlanda G

A case of Posterior Reversible Encephalopathy Syndrome (P.R.E.S.)

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44. Santoro MC, Scarpellini E, Mettimano M, Scagliusi A, Campanale C, Rinninella E, Fiore F, Novi

M, **Merra G**, Gentiloni N, Gasbarrini G
Un caso di edemi degli arti superiori, anemia, trombosi dei tronchi venosi sovraccardiaci
Intern Emerg Med 2009;4:S40-S218

45. **Merra G**, Dal Lago A, Roccarina D, Santoro MC, Gasbarrini G, Ghirlanda G, Gasbarrini A, Gentiloni Silveri N

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Minerva Gastroenterol. Dietol. 2009, Vol.55 – No. 4: 385-393

46. Niccoli G, Franceschi F, Cosentino N, Giupponi B, De Marco G, **Merra G**, Conte M, Montone RA, Ferrante G, Baca M, Gasbarrini A, Silveri NG, Crea F

Coronary atherosclerotic burden in patients with infection by CagA-positive strains of Helicobacter pylori

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47. **Merra G**, Candelli M , Gentiloni Silveri N, Gasbarrini A, Gasbarrini G

Effect of hydropinic treatment on gastric emptying in dyspepsia

Panminerva Medica 2010 March; 52 (Suppl. 2 to no. 1):1-5

48. Candelli M , **Merra G**, Gentiloni Silveri N, Gasbarrini A, Gasbarrini G

Evaluation of the effect of hydropinic therapy in patients suffering from chronic constipation

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49. Franceschi F, Buccelletti F, Marsiliani D, Carroccia A, Giupponi B, De Marco G, Gilardi E, **Merra G**, Mancini F, Potenza A, Giannuzzi R, Calcinaro S, Marini M, Gentiloni Silveri N

Acetaminophen plus codeine compared to ketorolac in polytrauma patients

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51. Gasbarrini G, **Merra G**

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Gasbarrini G

Le acque termali: applicazioni e nuove prospettive

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53. **Merra G**, Gasbarrini G, Laterza L, Pizzoferrato M, Poscia A, Scaldaferri F, Arena V, Fiore F, Cittadini A, Sgambato A, Franceschi F, Gasbarrini A

Propionyl-L-carnitine hydrochloride in treatment of mild to moderate colonic inflammatory bowel diseases

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54. Buccelletti F, Ojetto V, **Merra G**, Carroccia A, Marsiliani D, Mangiola F, Calabro G, Iacomini P, Zuccala G, Franceschi F

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Eur Rev Med Pharmacol Sci, 2013, 17 (Suppl 1): 100-106

55. **Merra G**, Zanasi A, Candelli M, Cordischi C, Dal Lago A, Gasbarrini A, Gasbarrini G
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Atti e Memorie dell'Accademia di Storia dell'Arte Sanitaria, (Suppl) n. 2 luglio-dicembre 2012, Roma 2013
56. Gasbarrini G, **Merra G**, Gerardi V, Mangiola F, Candelli M, Scaldaferrri F, DE Francesco M, Zuccala G, Gasbarrini A
L'acqua minerale nella terapia delle patologie digestive: realtà o fantasia?
Atti Acc. Lanc., vol LVIII, n. 1: I:40-47
57. Franceschi F, Scaldaferrri F, Riccioni ME, Casagranda I, Forte E, Gerardi V, Cordischi C, Antonini S, Tortora A, Di Rienzo T, D'angelo G, **Merra G**, Costamagna G, Zuccala G, Gasbarrini A
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Effect of treatment with a mineral water rich in calcium bicarbonate plus L. reuteri on oraceacal transit in patients suffering from chronic constipation
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Effect of treatment with a mineral water rich in calcium bicarbonate plus L. reuteri on gastric emptying in dyspepsia
Panminerva Medica 2015 June; 57 (Suppl. 1 to no. 2):7-11
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